



# Bhriugu Lake Trek

Hiking • River rafting • Adventure Games • rope courses • paragliding • and much more!



+91-9712995515

[www.yuvapragati.com](http://www.yuvapragati.com)

# Sketch Itinerary

**Day- 1**

Reporting at Ahmedabad / Surat / Vadodara Railway station.

**Day- 2**

Arrival at Pathankot / Chandigarh

**Day- 3**

Early morning arrive at Kullu Base camp

**Day- 4**

Drive Base camp to Gulaba

**Day- 5**

Trek to Bhrigu lake

**Day- 6**

Trek to Gulaba & drive to Manali

**Day- 7**

Trek to Bijli Mahadev or Parashar Lake

**Day- 8**

Adventure Activities Day

**Day- 9**

Reach Pathankot/ Chandigarh by road journey

**Day- 10**

Arrived at Home Town

*For Detailed Itinerary click below*



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# Trek Essentials

The trekking gear you need to carry for this regular treks so read below list and pack your backpack.

## **\* Basic Essentials \***

- Back Pack & Rain Cover (50-60 liter)
- Day Pack & Rain Cover (20-30 liter, If you hire mule or porter)
- 1 Litre Bottles Hydration Pack ( thermos flask)
- Hiking Shoes (Should be water proof and ankle support)
- Head lamp or Torch (With extra batteries)
- Glucose, Chocolates, biscuits and nuts
- Personal Medical kit (If you required)
- Original ID Card

## **\* Clothing Essentials \***

- Trek Pants – 2 Nos. (Avoid Jeans, Shorts, Capri, Fitting Denims)
- T-shirts – 4 Nos. (2 Full Sleeves, 2 Half Sleeves)
- Sweater– 2 Nos. (1 Fleece,1 Woolen)
- Jacket – 2 Nos. (1 Fleece, 1 Down feather), Warm Inner wears
- Thermal Wear – 1 Nos. Gloves – 2 Nos. (1 Woollen, 1 Waterproof),
- Socks – 5 Nos. (3 Cotton, 2 Woollen)
- Rain Coat/ Poncho – 1 Nos., 3 to 4 Plastic bag for used clothes.
- Handkerchief/towels – 1 Nos. (quick dry)

## **\* PORTECT YOUR HEAD \***

- UV sunglasses – 1 Nos.
- Caps – 2 Nos. (1 Sun Cap, 1 Woollen Cap)
- Balaclava – 1 Nos., Slippers – 1 Nos.

## **\* PERSONAL UTILITIES \***

- Sunscreen (spf 40) Cream/ Body Lotion
- Lip Balm/ Sanitizer
- ToothBrush & Toiltery Kits, wipes
- Cameras
- Books (If you like reading)
- Music Instruments (Guitar, Flute)



# Inclusions



- **Accommodation on Sharing basis (Swiss Camps stay at Kullu riverside campsite.)**



- **All Meals ( Veg. meals )**

- **Campfire at Campsite if (Available).**

- **Local Himachali Professional trek leader Guide ( Number of guides depends on the Group Size.**

- **All transportation in destination location.**

- **Adventure activity like River Rafting, Rope courses. All necessary fees and permits., Medical First Aid kit.**

- **Driver allowances, toll taxes, parking, state taxes'.**

- **Memories for life time.**





# Exclusions



- Any extra meals apart from the ones mentioned under inclusions. Travel Insurance, items of a personal nature like portering, tips, laundry etc.



- Any entry fees, extra expenses for optional activities or tickets, unless quoted in Inclusions.



- Any cost resulting from unexpected circumstances, like bad weather road blocks landslides etc.



- Food during travelling.



- Personal expenses of any kind.





# Package cost

**Gujarat to Gujarat > ₹ 15200/-Per Pax. for Non. Ac Journey**

**Gujarat to Gujarat > ₹ 17200/-Per Pax. for Ac Journey**

## **CANCELLATION POLICY**

- **Applicable on the total tour cost and not the advance amount.**
- **85% of the Total charges of the camp/tour will be refunded.**
- **30-21 Days Prior Trip Date 60% of the Total charges of the camp/tour will be refunded.**
- **20-11 Days Prior Trip Date 50% of the Total charges of the camp/tour will be refunded.**
- **Less Than 10 Days of the Trip Date have No Refund.**







**Mountains calling  
you must Go...**



**Mountains calling  
you must Go...**



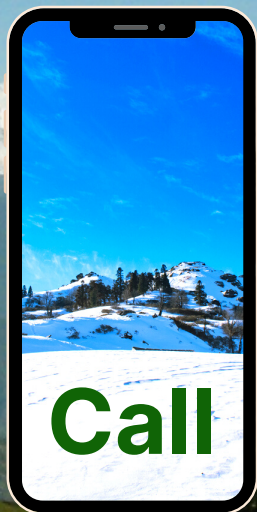
# For Inquiry



*Call of Mountain*

## **Yuva Pragati**

**Adventure Treks & Tours**



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