

#### HAR KI DUN TREK

DESCRIPTION
DURATION > 07 NIGHTS / 08 DAYS
LOCATION > GARHWAL HIMALAYA UTTARAKHAND
NATURE OF TRIP > TREKKING & CAMPING
GRADE > EASY TO MODERATE
MAXLTITUDE > HAR KI DUN VALLEY TREK >11,801FT.

With gradual descends and easy ascends, Har Ki Dun Trek in Garhwal region is an ideal pick for the beginners. Trek to the Har ki Dun, a valley situated on the base of Fateh Parvat, is mesmerizing as above are azure blue skies, and on your sides, are a dense forest of chestnut, deodar, and sycamore. You will also walk along sparkling, playful, flowering streams and waterfalls. And even climb a gentle gradient. With each step, the landscapes become more spectacular. The hills gave way to mountains, and the mountains to giants until the valley opens into the cupped palm of Har Ki Doon, the "Valley of God."

## **ITINERARY**

# Day 01: Dehradun to Sankri Taluka. (166 kms/ 7- 8 hrs)

After breakfast, on the second day, you will drive to Sankri, which is the starting point of our trek. On a journey to Sankri, you will pass through attractions like Kempty Falls, Purola and Mori. Before embarking on the trek, ensure that you have enough of bottled drinking water and energy bars to keep you going. After your arrival in the vicinity, you will check in a hotel or tourist rest house.

Day 02: Sankri – Taluka to Panwani Gharat. (1900 m/6232 ft) Drive 30 mins. &13 kms/6-7hrs) Wake up in the morning, enjoy the breakfast and start your trekking expedition to the Puwani

Gharat Village, a tiny hamlet on one side of the Rupin River. Initially, the trail descends, further it will lead to left side of the valley, which later adjoins the Rupin River. After trekking for few kilometers, tourists will see the dense forest of Chestnut, Walnut and Willows trees. Further, the trail will take you to the Gangar village, and after crossing streams and climbing, you will reach a point from where they can enjoy the panoramic view of Puwani Gharat. Next stopover point will be Seema Village, a small town on the opposite side of Osla village, separated by the swift river. Overnight in tourist rest house/tent.

# Day 03 Puwani Gharat to – Kalkatya Ridge. (3030 m / 10000 ft) (7 kms/5-6 hrs)

The trekking trail to Kalkatya Ridge starts from the left side of the valley and further passes through the fields, followed by a bridge that crosses the Rupin River. Next stopover point is Kalkatti Dhar, from where one can enjoy the view of Har Ki Dun valley. Look out for Kalanaagse (black peak) and Bandarpoon Ranges.

# Day 04 Kalkatiga Ridge to Har Ki Dun to Kalkatiya Ridge ( 3566m /11700ft ) ( 4.5km 3 hrs )

The day we start our trek with very beautiful walking trails This day we don't have so much walking distance, therefore, we wake up very freely and have breakfast and then move up to the Har Ki Dun for hot lunch and same day have some rest. In the evening time we will move to Dun valley For An Little Hike for one Hrs. Which is from of swarga Rohini and Jamdar Glacier.

# Day 05: Kalkatya Ridge to – Osla Puwani Gharat

Return the same way to civilization. Overnight stay in Osla village or Puwani Gharat tourist rest house/ tent.

# Day 06: Osla Puwani Gharat to – Sankri. Taluka (13 kms/4-5 hrs)

The eight-day is the second last day of the trek, covering a distance of 13 km through steeper terrains and stunning environs with sights of migratory birds disappearing in the snow-peaked mountains. Overnight stay at the guest house or hotel in Taluka.

## Day 07: Sankri – Dehradun (7 - 8 hrs)

The trek for the last day is relaxing and fun walk through the forest and on manmade roads. This day is highlighted by a back drive to Dehradun. Following your arrival in Dehradun; at about 05 pm, the adventure of the Har Ki Dun trekking comes to an end. 1

Best season: Apr to Jun & Sep to Feb

COST OF THE TRIP FOR 1 PAX. RS.12,200/- Dehradun to Dehradun

# TREK ESSENTIALS

## **BASIC ESSENTIALS**

Back Pack & Rain Cover
Day Pack & Rain Cover
Couple of water bottles (Avoid Bisleri Bottles)
Hiking Shoes (Should be water proof and ankle support)
Glucose, Chocolates, biscuits and nuts
Personal Medical kit (If you required)
Original ID Card

#### **CLOTHING ESSENTIALS**

Trek Pants – 2 Nos. (Avoid Jeans, Shorts, Capri, Fitting Denims)
T-shirts – 2 Nos. Sweater – 2 Nos. (1 Fleece,1 Woolen)
Jacket – 2 Nos. (1 Fleece, 1 Down feather)
Thermal Wear – 1 Nos. Gloves – 2 Nos. (1 Woolen, 1 Waterproof)
Socks – 5 Nos. (3 Cotton,2 Woolen)
Warm Inner wears Rain Coat/ Poncho – 1 Nos.
Handkerchief/towels – 1 Nos.
Slippers – 1 Nos.

PORTECT YOUR HEAD

UV sunglasses – 1 Nos. Caps – 2 Nos. (1 Sun Cap, 1 Woolen Cap) Balaclava – 1 Nos.

PERSONAL UTILITIES

Sunscreen Cream/ Body Lotion Lip Balm Sanitizer Cameras Toilet Paper & Wipes **ToothBrush & Paste** 

**Quick Dry Towel Books (If you like reading)** 

**Music Instruments (Guitar, Flute)** 

Everyone should bring her/his original Photo ID proof, if any case you forgot than you would be liable to pay any of the Indian Railway fines as per Indian Railway rules, if you travel by train.

## **INCLUSIONS:-**

- 1. Transportation from Dehradun to Har ki Dun & Return
- 2. Accommodation during the trek (Camping)
- 3. All meals vegetarian (Sankri to Sankri)
- 4. Camp Fire at Campsite.
- 5. Trekking permits and forest camping charges
- 6. Trekking During the trip
- 7. Safety equipment (First Aid, Medical Kit, Oxygen Cylinders, Stretcher, etc.)
- 8. Services of an expert trek leader (Qualified in Basic/Advanced Mountaineering Courses)
- 9. Services of an expert trek team (Guides, Cooks, Helpers, Porters/Mules)
- 10. Memories for Life Time

#### **EXCLUSIONS:-**

Any personal Expenses towards tips, telephone calls, laundry, beverage etc.

Mules or porter to carry personal luggage.

Potters can be arranged at the extra cost.

Unforeseen handling costs due to weather disturbance, landslides, political unrest. However, all best possible assistance would be provided in case of emergency.

Anything not specifically mentioned in "Inclusions"

#### **ACTIVITIES**

Camping, Trekking, Sightseeing, Bird Watching, Bonfire

## Cancellation Charges\*:-

In case of cancellation,

85% of the Total charges of the camp/tour will be refunded

30-21 Days Prior Trip Date 70% of the Total charges of the camp/tour will be refunded

20-11 Days Prior Trip Date 50% of the Total charges of the camp/tour will be refunded

Less Than 10 Days of the Trip Date have No Refund

Only Written Cancellations by post or email will be accepted. Refund should be claimed within month after completion of the camp. Original receipts must be returned to us for refund.

For More Detail Contact Us:



W: www.yuvapragati.com E: info@yuvapragati.com



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